## See

I will not

Forget you ......

I have carved
You
On the palm
Of my hands



Isaiah 49:15-16

## Lord

You know how busy
I must be this day;
If I forget you,
Do not forget me.

#### VENERABLE MOTHER VERONICA OF THE PASSION

# The Founder of the Apostolic Carmel Congregation (1823- 1906)



Mother Veronica, nee Sophie Levees, was born in 1823 in a pious, cultured, English, Anglican family. She was gifted with singular talents of mind and heart which were nurtured by sound education and wide experience. In spite of her mother's strong opposition she embraced the Catholic faith in 1850. God took possession of her heart so powerfully that she first broke off her engagement to a Marine Officer, whom

she loved, and then responded generously to the call to Religious life. She entered the Congregation of the Sisters of St. Joseph of the Apparition in 1851, taking the name, Sister Mary Veronica of the Passion.

Mother Veronica was ardent and full of Zeal to work for the missions in India. When she was sent to found a house of the Congregation at Calicut in 1862 she responded to an inner call and under the guidance of Father Marie-Ephrem O.C.D., discovered her vocation to found a Third Order Regular of Active Carmelites to serve the need of faithformation through education of young girls of the West Coast of India. After receiving the required permission from Rome, Mother Veronica painfully left her Congregation to enter the Carmel of Pau, France in 1867. On Completion of her novitiate and First Profession, she left Pau and founded the Apostolic Carmel at Bayonne France in 1868, after facing many hardships in her relentless search for God's will.

The first group of Apostolic Carmelites arrived in India on 19<sup>th</sup> of November 1870 and were established in the diocese of Mangalore. Unfavorable circumstances obliged Mother Veronica to close the convent at Bayonne in 1873, after which she re-entered the Carmel of Pau as a Cloistered Carmelite. After a period of twelve years in a new foundation at Bethlehem, Mother Veronica returned to Pau in 1887. Her life of loving surrender to God in Challenging circumstances culminated in her holy death in 1906.

Mother Veronica's heroic obedience to the will of God, her life of profound faith and prayer, her wholehearted commitment to the Cross, her outstanding humility and zeal for the Missions remain an inspiration to all those who, following the footsteps of Christ, seek to offer their lives in loving service of humanity, specially the less privileged.

## GEMS FROM VENERABLE MOTHER VERONICA

- ❖ Be constant in Prayer.
- ❖ Put your trust in God alone, not in man.
- ❖ Be of good courage, the darkness of the night will pass and then joy comes in the morning.
- There is pardon for every sin.
- ❖ We see the faults of others so well God forbid that I do worse.
- Prayer was my delight.
- Truth cannot be sacrificed for Charity.
- All for the Glory of the Lord.
- Make yourselves small, and remain very small for there is always place for little ones.
- Always be very humble and very charitable.
- ❖ We ought to be respectful one to another.
- ❖ God loves a generous giver.
- ❖ My element is solitude and my language, silence.
- God alone suffices!
- ❖ Be always little.
- "I now possessed my God. I now had all, and the whole world was nothing to me".
- ❖ God permits everything.
- ❖ My children, do what I tell you, but don't do what I do.
- ❖ Talking is a source of many sins and silence is of gold. Little children love one another

## MOTHER MARYALOYSIAA.C. A Great Educationist and the Pioneer of A.C. Education (1855 to 1939)



A keen witted, wide in outlook and sympathy, a sharp judge of character, outspoken in defense of truth, clinging fiercely to principle, Mother Aloysia was none-the-less gentle, cheerful and kind. She stood at the pilot's wheel for eighteen long years over a critical period. In 1926 the Constitutions were sent to the Holy See and the Decree of Praise obtained. It was a red letter day in the history of the A.C. It was spring time in the field of A.C. education, with schools renewed, new ones built, syllabi revised and modernized. The crown of her educational work was Saint Agnes First Grade College, the first Catholic Women's College, which today has more than a thousand young girls on its rolls. In the field of education her name still conjures up a vision, restores ideals and awakens inspiration.

## GEMS FROM MOTHER MARYALOYSIA A.C.

- Warmth and sunshine of love are required to bring out the best qualities of character in the students.
- Never rest in contented ignorance or knowledge gained yesterday.
- Education should promote self-activity.
- Never forget a kindness and never remember an injury.
- Keep fingers on the pulse of the time.
- Teaching a subject is a work of zeal and every subject is a means to a great end.
- Promise yourself to be strong, that nothing may disturb your peace of mind.
- Handwriting is significant. Student must be trained to write a neat, clear hand.
- The school is made for the children and not the children for the school.
- Suffering can make the person bitter or better.
- A creative mind and an optimistic attitude can get things done.
- Education is incomplete without the formation of character.
- v Perfection consists in doing our appointed duty.

### **TODAY**

Dear Lord
I need your help today,
I walk along a rocky way
And this would be
A barren land,
Without your Love,
Your helping hand.

Whatever yesterday has cost, It is TODAY That matters most The truth remaining in it all Is that we stand with You or fall. I need the strength that You can give Each single moment That I live. Stay by my side For I can see That I am nothing Without You Though yesterday is Gone and

I may never see tomorrow,

And hold its share of sorrow

And its longest, Life is short.

What blessed joy each time I find, That every new TODAY

.....is mine.

Grace E Easley

#### ASSURANCE OF GOD'S PROTECTION - PSALM 91

- You who live in the shelter of the Most High Who abide in the shadow of the Almighty Will say to the Lord "My refuge and my fortress; My God in whom I trust".
- For He will deliver you from the snare of the fowler And from the deadly pestilence;
   He will cover you with His pinions
   And under His wings you will find refuge;
   His faithfulness is a shield and buckler.
- You will not fear the terror of the night
   Or the arrow that flies by day
   Or the pestilence that stalks in darkness
   Or the destruction that wastes at noonday
- 4. A thousand may fall at your side
  ten thousand at your right hand
  but it will not come near you.
  You will only look with your eyes
  And see the punishment of the wicked
  Because you have made the Lord your refuge
  the Most High your dwelling place
  No evil shall befall you
  No scourge come near your tent
  For he will command His angels concerning you
  To guard you in all your ways.
  On their hands they will bear you up
  So that you will not dash your foot against a stone.
- 5. Those who love me I will deliver
  I will protect those who know my name
  When they call to me I will answer them
  I will be with them in trouble
  I will rescue them and honour them
  With long life I will satisfy them
  And show them my salvation.

## CARMEL SCHOOL (CBSE) MOODBIDRI

## Phone No. 08258 – 200667, 9980100742

Copy for the Parent / Student

Name of the Student:	
Admission No.:	Roll No.:
Date of Birth:	Blood Group:
Religion:	Caste:
Aadhar No.:	STS No
Name of the Father	STS No.
Name of the Mother:	Mobile No
Name of the Guardian.	Mobile No
Qualification of Father	:Occupation:
Qualification of Mothe	er:Occupation:
Full Postal Address (R):	
	Pin:
Mother Tongue:	
Specimen Signature:	Father:
	Mother:
	Guardian:
N.B.: This form, duly	filled in by the parent or guardian is to be handed
over to the class tead	ther before 20th June. The same specimen signature
should be followed th	hroughout the year.
Fill in the details rega	arding your siblings who are studying in this school:
1.	
2.	

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Qualification of Mothe	r:Occupation:
Full Postal Address (R):	
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should be followed th	roughout the year.
Fill in the details rega	arding your siblings who are studying in this school:
1.	
2.	

## **PLEDGE**

"India is my country. All Indians are my brothers and sisters.

I love my country and I am proud of its rich and varied heritage. I always strive to be worthy of it.

I shall give my parents, teachers and all elders respect and treat everyone with courtesy. To my country and my people, I pledge my devotion. In their well-being and prosperity alone lies my happiness."

## PRAYER FOR OUR COUNTRY

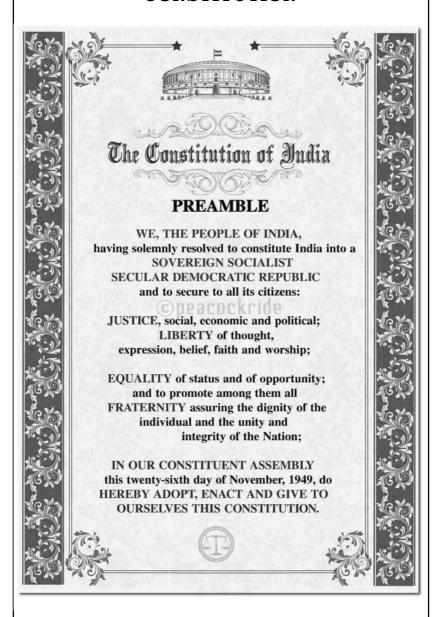
1. Where the mind is without fear and the head is held high,

# Ref.: Into that heaven of freedom, my Father, let my country awake!

- 2. Where knowledge is free,
- Where the world has not been broken up into fragments by narrow domestic walls,
- 4. Where words come out from the depth of truth,
- 5. Where tireless striving stretches its arms towards perfection,
- Where the clear stream of reason has not lost its way into the dreary desert sands of dead habit,
- 7. Where the mind is led forward by thee into ever widening thought and action.

- Rabinadranath Tagore

# THE PREAMBLE TO THE INDIAN CONSTITUTION



#### **PREAMBLE**

Carmel School (CBSE) Moodbidri is a Christian Minority Organization started in the year 2013 is managed by the Apostolic Carmel Sisters under the Apostolic Carmel Educational Society (R) for the total welfare of the people for promoting the cause of Education. The Apostolic Carmel Congregation was started by Mother Veronica in the year 1868 in Bayonne, France. Further it was established in St. Ann's Campus Bolar, Mangalore in 1870 with its main thrust being the development of women as persons imbued with deep faith in God thus providing sound education to them. The educational efforts of the pioneers have now spread not only in India but also to Sri Lanka, Kuwait, Bahrain, Pakistan, Italy, Germany and East Africa Region. In Karnataka under the auspices of the Apostolic Carmel Educational Society (Reg.), it runs,

1	Centers for Post Graduation Courses	02
2	College of Education	01
3	Degree Colleges	02
4	P.U. Colleges	07
5	D.Ed. Colleges	02
6	T.T.I. for Special Education	01
7	Vocational Training Centers	03
8	Community Colleges	02
9	Aided High Schools	10
10	Unaided High Schools	06
11	ICSE School	01
12	CBSE School	06
13	Aided Higher Primary Schools	09
14	Unaided Higher Primary Schools	13
15	Special Schools	02
16	Preparatory Schools	15
17	Centers for Distant Education	04

While fulfilling our objectives as Christian Minority our Institutions are also open to all irrespective of religion caste and creed. However in keeping with the aims and philosophy of a Catholic Institution and the Charism of our Foundress Venerable Mother Veronica who cared for the poor and the orphaned we have a special concern for the society through our education.

#### THE SCHOOL MOTTO

The Vision and Mission of the School is highlighted in its Motto "FROM DARKNESS TO LIGHT". It looks upward to God our Creator for enlightenment, to our pioneers of education for inspiration and to our Patroness the Mother of Carmel for guidance. The School aims at excellence and enhancement of the quality of education through every curricular experience on the one hand and on the other continuous efforts towards inculcating the nobler qualities of human and spiritual growth in the learner. It aims specifically towards developing an integral and holistic person for our society in the fast growing global reality through education.

#### **VISION STATEMENT**

Drawing inspiration from the Divine and expressing our oneness with all people Carmel School envisages the building of a Holistic Educative Society as precious human resource of our country.

#### MISSION STATEMENT

In the Spirit of the Apostolic Carmel Congregation through dynamic and caring environment we shall nurture in learners deep faith in God and self – creative competencies, academic excellence, diverse personal capacity to reach their full potential in order to create a positive legacy for the future of our society.

- 1. Living and witnessing to the Gospel Values in particular of faith in the Creator, love for all people, justice, peace, concern and humane approach in all our ventures and academic pursuits;
- 2. Fostering a sense of concern for people of all castes and classes under the embrace of the Fatherhood of God the source of all life;
- 3. Promoting the holistic development of all our students in this institution with a special focus on their spiritual, intellectual, emotional, social and aesthetic growth;
- 4. Striving towards academic excellence in education in order to show the way to our students and the public the value of quality in all our pursuits;
- Catering to the needs of all the students to enhance their selfworth and self-image with a special attention to the Faith Formation of our Christian Students and the empowerment of the marginalized and disadvantaged students;
- 6. Sustaining the harmony of nature and humans by working towards the protection and preservation of the environment;
- 7. Working towards guarding and upholding the human rights of all people through its practice on the campus and efforts to inculcate these values in the staff, students and the parents;
- 8. Upholding values of healthy and honest personal and family living and respect for life through opportunities for choosing the right against the wrong in all circumstances.

We shall work together in this growth-oriented climate in the process of the formation of our students, keeping always before us the Vision and Mission of the School concretized through the objectives as listed below. **1.FAITH FORMATION:** While our education is directed towards the total development of the person we will primarily be instilling Gospel Values in those we educate. (*Apostolic Carmel Const. No. 104*)

- To appreciate and accept the Father as our Life Giver Jesus as our Friend and the Spirit as our Sustenance;
- ❖ To turn to God in prayer with a spirit of total dependence;
- To walk/ live in a spirit of love, self-sacrifice and service to others in the footsteps of Mary our Mother of Carmel;
- ❖ To face the challenges of life with a living faith in God;
- To be morally upright making choices and decisions in the light of the Gospel Values.

#### 2.SOCIAL CONCERN

Through our institutions we shall strive to change prevailing situations of injustice by fostering a genuine and active social concern among our staff, students and their families thus helping to build a society of justice, love and peace. (*Apostolic Carmel Const. No. 109*)

- To imbibe a spirit of compassion, mission and social responsibility towards the underprivileged and weaker sections of our society;
- To create a spirit of fellowship constantly communicating the message that God is our Father;
- To develop a spirit of patriotism and responsible leadership for the service of our country.

#### 3.INTELLECTUAL FORMATION

"We shall encourage creativity and research in our apostolate contributing towards the thinking of education and experimenting with new methods and projects that would further our common goals." (Ap. Carmel Acts No. 53)

To seek the only Truth, the wisdom of the Creator through all academic knowledge;

- ❖ To develop a thirst for knowledge and to integrate it with life;
- To be creative in outlook and innovative in approach;
- To be critical thinkers in handling issues of society through media and daily living;
- ❖ To work with a sense of responsibility and pursue academic goals with self-sacrifice and perseverance.

#### 4. EMOTIONAL DEVELOPMENT

- To develop a positive self image and external poise and confidence;
- ❖ To strive towards excellence with zest and emotional balance;
- To radiate joy, love, peace and contentment through inter personal relationships;
- ❖ To maintain a balance and a positive outlook through the successes and failures of life.

In conclusion Carmel School provides a unique educational experience to every child in a safe and supportive environment that promotes personal attitudes of self-discipline, motivation and excellence in learning. Expressing our oneness with all people we shall strive to build an educative community of the Management and that of all the stakeholders who will interact with one another with love, trust, responsibility and a sense of belonging.

AFFILIATION: Carmel School is a Christian Minority Institution and is affiliated to the Central Board of Secondary Education (CBSE), Ministry of Human Resource Development Government of India Delhi Vide No: 830579. The school has been granted affiliation from Pre-Primary to Secondary Classes.

Carmel School has the required permission from the Department of Education Government of Karnataka to run a Central School.

INTERNATIONAL SCHOOL AWARD: Carmel School is the proud recipient of International School Award from the British Council in 2016.

#### IMPORTANT INFORMATION

#### **SCHOOL HOURS:**

L.K.G & U.K.G. : 8.40am to 3.30pm (Monday to Friday)

#### **HOLIDAY ON SATURDAY**

Grade I to X : 8.40am to 3.30pm (Monday to Friday)

8.40am to 12.30pm (Saturday)

#### **OFFICE HOURS:**

Monday to Friday : 9.30am to 4.30pm

Saturday : 9.30am to 12.45pm

 $School\ work\ will\ not\ be\ transacted\ on\ holidays.$ 

#### **VISITING HOURS:**

Principal : 2.30pm to 3.30pm (Monday to Friday)

Teachers : On Open House days and on all

weekdays between 3.30pm to 4.00pm.

P.N: Parents are expected to contact the school office only in case of any emergency or regarding clarification of any important matter related to school. However are not permitted to visit their wards or any teacher in the classroom during school hours.

### **REQUIREMENTS FOR ADMISSION**

- Every candidate for admission and withdrawal must be introduced by letter or in person by one who is responsible to the Principal for her. Additional letter from the school for withdrawal to be submitted along with the letter.
- 2. Pupils coming from other Secondary Schools and Primary Schools should produce "Original Transfer Certificate" issued by the Head of the school concerned.
- Applications for admission should be made in the prescribed form which can be obtained from the office and should be submitted along with the Transfer Certificate from the school last attended. Every pupil on admission shall pay the prescribed fees.
- 4. The Application for Admission must be signed by the father or mother or in their absence by a guardian who has been authorized by the parents to do so. This letter of authorization must be submitted along with the admission form.
- 5. In the case of the admission of pupils coming from Primary Schools or Secondary Schools the Date of Birth as furnished in the Transfer Certificate will be taken into consideration.
- 6. No alteration in the Date of Birth will be made without the sanction of the C.P.I. in Karnataka, Bengaluru.
- 7. The application form should be filled in correctly with regard to all the information asked for.
- 8. The application form should be registered at the school office within the prescribed date.

- 9. No Transfer Certificate will be issued to a pupil whose fee is not paid.
- 10. Pupils joining or leaving in the middle of the term must settle all dues before taking any certificate.
- 11. A duplicate copy of any Certificate will not be issued except for very good and sufficient reasons in which case an additional fine will be levied. In case of a Transfer Certificate an affidavit has to be produced.
- 12. Certificates will be issued a day after the receipt of application for the same.
- 13. Pupils coming from schools outside the State will be admitted on production of the Transfer certificate duly countersigned by the inspecting officer in charge of the institution in strict conformity with the table of parity of standards issued by the Department.

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#### SCHOOLFEE STRUCTURE & PAYMENTS

Carmel School is a self financing school with no grants from the State or Central Governments. The fee structure is to meet the developmental and recurring expenditure the major one being salaries of the staff. Hence salaries, developmental activities and the mounting maintenance costs require substantial sum of money. Obviously fee raise on a yearly basis to match the current salaries and other costs is inevitable.

The School Management strictly advises the parents to make the **payment of School fees (1st Installment) at the time of admission** through **D.D.** only. The payment of 2nd Installment needs to be done strictly by 31st October 2024 through Neverskip app or D.D.

No pupil will be admitted to school until she/ he has paid admission fees for the Academic Year.

NOTE: Fees will not be refunded to Parents for any reason during any part of the Academic Year.

## GENERAL REGULATIONS FOR STUDENTS

- 1. Every working day from Monday to Friday is divided into two sessions. The morning session commences at 8.40 a.m. and concludes at 12.40 p.m. and the afternoon session extends from 1.10 p.m. to 3.30 p.m. The working hours on Saturdays are from 8.40 a.m. to 12.30 p.m.
- 2. The time between 8.40 a.m. and 8.50 a.m. will be a study time. The students should sit in their respective classrooms and spend the time in useful study. No student should be found loitering about during the study time. They are expected to be in time for classes. *Late comers will be marked PL (Present but late)*. On the teacher's arrival into the classroom the pupils must rise, pray, salute the teacher and then take their seats. When the attendance is called each one must rise and answer to her name.

- 3. Irregular attendance, insubordination to teachers, habitual inattention to school work, obscenity in word or act are sufficient reasons for the temporary or permanent dismissal of a pupil. Minor offences such as coming late to class, damaging school property etc., are punishable by a fine.
- 4. The school does not hold itself responsible for the pupils' conduct outside its premises. It however takes cognizance of any serious misconduct of its pupils committed outside its premises and should any serious charge be fairly substantiated the guilty shall be punished according to the gravity of the offence.
- 5. Students should wear the uniform as prescribed by the school on all days. Students should wear the school prescribed shoes and socks only. However black sandals are allowed only during the rainy season from June to September.

Kindly refer the below given images for shoes.



**Boys** Girls

- 6. Long and painted nails, ornaments such as bangles, rings, chains, flowers and bracelets are strictly forbidden in the school. No ornaments, fancy watches/spectacles should be worn to school. The school is not responsible for lost goods. Use of Mehendi is not allowed under any circumstances. Colouring of the hair, using eye-liner is not allowed.
- 7. Hair if long should be in two plaits tied with black ribbons if short the hair should be above the collar of the dress tied with two pony's.

- 8. All correspondence addressed to the school is subject to scrutiny by the Principal.
- 9. Under no circumstances once a student answers her roll shall she/he leave the school premises without the permission of the Principal till the end of the session.
- 10. Visitors, Parents or guardians will not be allowed to communicate with any student during working hours without the permission of the Principal.
- 11. Presents to teachers or celebrations in their honour are not allowed without the Principal's permission.
- 12. Collection or borrowing of money, buying or selling of anything among the children is prohibited/no permission
- 13. No child will be permitted to be in class during the common programmes and the physical training periods unless permitted by the Principal.
- 14. Books, magazines, newspapers etc., not approved by the Principal should not be brought to the school.
- 15. Books, umbrellas, rain-coats, stationery, tiffin's, etc., should have a name or mark by which the owner can easily come to know. All stray or unclaimed property should be brought to the Principal's Office.
- 16. No student or staff member will be called to the phone during school hours. In case of urgency however messages received over the phone in school office will be conveyed to them.
- 17. Pupils must not join any clubs or societies or make any engagements that would interfere with their studies without the Principal's permission.
- 18. No subscriptions are allowed without previous permission of the Principal.

- 19. Pupils should adhere to the **DISCIPLINE of the school** whole heartedly. They should follow the bells scrupulously particularly bells given after the recess time both at forenoon and afternoon. They should never leave the school premises in between intervals.
- 20. Running, playing or shouting inside the school building is not allowed. No student is permitted to enter any classroom other than her own, without permission.
- 21. All the students must possess a copy of the school calendar which is to be brought to class on all working days. They are not permitted to tear any page from the Calendar.
- 22. The students are expected to speak in English only within the school premises.
- 23. The students must equip themselves with the complete outfit of everything that is necessary for their studies. They must use their own materials and be responsible for their safety. The school cannot make itself responsible for books, money, clothes and other articles that are lost.
- 24. The students who depend on public conveyance to come to school should leave their homes early enough to avoid peak hours and reach the school well in time.
- 25. The students are not allowed to take part in political agitation directed against the authority of the lawful Government.
- 26. Attendance at classes and examinations, progress as well as conduct of the students will be taken into consideration while recommending the students for merit certificate, scholarship and free ships.
- 27. Students are not permitted to go outside the campus during lunch break.
- 28. **Dress Code: Whenever the students are exempted** from wearing the school uniform, they are required to observe the

- norms of **Simplicity**, **Modesty and Propriety** with regard to dress as per the school Standards. Be neat and modest. Parents will be held responsible to see that their ward follow the regulations laid down in the matter of dress.
- 29. It is mandatory to wear the prescribed school uniform regularly by the students. Any additionals like scarf, burqua, shawl and other objectionable gear are not permitted to be worn with the uniform in the school campus.
- 30. Students are not permitted either individually or in group to hold activities or worship other than those organized by the school authority within the campus.
- 31. Smoking and consumption of alcohol/use of drugs is a punishable offence. Expulsion may be the consequence of such action.
- 32. Students are forbidden from entering the laboratories except with the permission of the teacher in charge. All equipment and materials given to students for practical work should maintain an observation record book which should be regularly submitted. Students who are irregular in practical work are not eligible for promotion to next class.
- 33. Library, Computer Lab and Laboratories are significant and integral assests of the school. Huge amount is invested into them. Students are expected to use them with great care. Any loss of damage will have to be replaced or made good by the student concerned.
- 34. Misuse of Social Networking (eg. Face book, Twitter etc.) tarnishing the image of the institution, the Management, a staff member, a student for that matter anybody who's part of the school will lead to legal action as per the cyber crime regulation.
- 35. The "Open House Day" will be organized after every test/ Exam which gives an opportunity for a meaningful exchange of views between parents and teachers to being about a better

- understanding of individual concerns. Absence of students and non attendance of parents on "Open House Day" will result in the report being retained till a future date which will be intimated to parents.
- 36. On Birthdays students wear their regular school uniform and not the coloured dress. They are strictly prohibited to cut the cake in the classroom or distribute cake, ice cream, costly chocolates to fellow students. Ordinary sweets could be distributed but not compulsory.

### TESTS, EXAMS AND PROMOTION

- 1. The Assessment structure and examination comprises of two terms and each Term consists of.
  - (a) Periodic Assessment 20 Marks
  - (b) Half yearly and yearly written Exam 80 Marks
  - Besides this students' performance will be assessed continuously in various ways such as class work, assignments, projects, participation in classroom learning, neatness, self-discipline and systematic completion of class work and study etc. Assessment will be informal most of the time but it'll be an ongoing process. Students are expected to spend time daily on personal study.
- 2. Achievement Records/Academic Performance Reports will have to be seen at school and signed by the parent whenever they are asked to do so. Students also should accompany the parents on that day. Only grades will be given in their records.
- 3. The students who absent themselves from any test or examination for valid reasons should get prior permission from the head of the institution. In case of illness a Medical Certificate should be submitted. Therefore any absence from test or examination without permission will be viewed seriously and suitable action will be taken.

- 4. In case of absence during the exam due to any reasons no re-test will be given to the students similarly no test will be conducted before the time.
- 5. The students who pass in all the subjects in all the tests and examinations during the year are eligible for Merit Certificates. If absence for any test then the students are not eligible for the same.
- 6. The students who are absent for the Tests and Annual Examinations for any reason will not be promoted.
- 7. Every student must put in at least 90% attendance in order to merit promotion to the higher class. Those who have a shortage of attendance will not be permitted to appear for the Annual Examination.
- 8. A student must be advised to leave the school at the end of the year if his/her conduct has not been satisfactory.
- Malpractice in Tests and Examinations is a serious offence and therefore it will not be tolerated. The student who has recourse to malpractice in the Annual Examination will not be promoted to the higher class.
- 10. No candidate will be permitted to appear for the Annual Examinations or the Public Examinations unless she/ he has fulfilled the conditions regarding attendance, progress, conduct and the payment of school fees.

## ಸಾಮಾನ್ಯ ನಿಯಮಗಳು

- 1. ಕ್ಲಪ್ತತೆ ಮತ್ತು ಕ್ರಮಬದ್ಧ ಹಾಜರಾತಿಯನ್ನು ಸರಿಯಾಗಿ ಪಾಲಿಸತಕ್ಕದು. ಮದುವೆ, ಶವ ಸಂಸ್ಕಾರ ಮೊದಲಾದವುಗಳಿಗೆ ಹೋಗಬೇಕಾದಲ್ಲಿ ಶಾಲಾ ಕ್ಯಾಲೆಂಡರ್ ನಲ್ಲಿ ನಮೂದಿತವಾದ ಸ್ಥಳದಲ್ಲಿ ಹೆತ್ತವರು ಯಾ ರಕ್ಷಕರಿಂದ ಲಿಖಿತವಾಗಿ ತಂದು ಮುಖ್ಯೋಪಾಧ್ಯಾಯಿನಿಯ ಮೊದಲಾಗಿ ಅನುಮತಿ ಪಡೆದಿರಬೇಕು. ನಿರ್ದಿಷ್ಟವಾದ ಕಾರಣವಿಲ್ಲದೆ ರಜೆಯನ್ನು ಮನ್ನಿಸಲಾಗುವುದಿಲ್ಲ.
- ವಿದ್ಯಾರ್ಥಿನಿಯ ಅಸೌಖ್ಯದಂತಹ ಕಾರಣಗಳಿಂದ ಮೊದಲು ಸೂಚಿಸದೆ ಗೈರು ಹಾಜರಿಯಾದಲ್ಲಿ, ಮತ್ತೆ ತರಗತಿಗೆ ಬರುವಾಗ ಶಾಲಾ ಕ್ಯಾಲೆಂಡರ್ ನಲ್ಲಿ ಹೆತ್ತವರ ಯಾ ರಕ್ಷಕರಿಂದ ಸಹಿ ಮಾಡಿದ ರಜೆ ಅರ್ಜಿಯನ್ನು ತರತಕ್ಕದ್ದು.

- 3. ಪರೀಕ್ಷೆಗೆ ಅಥವಾ ರಜೆ ಕಳೆದು ಶಾಲಾ ಪುನರಾರಂಭದ ದಿನಗಳಲ್ಲಿ ಗೈರು ಹಾಜರಾದರೆ, ಇದನ್ನು ವಿಶೇಷವಾಗಿ ಪರಿಗಣಿಸಲಾಗುವುದು. ಅನಾರೋಗ್ಯವಾಗಿದ್ದಲ್ಲಿ ವೈದ್ಯಕೀಯ ಪ್ರಮಾಣ ಪತ್ರವನ್ನು ಹಾಜರು ಪಡಿಸತಕ್ಕದು.
- 4. ಕ್ರಮರಹಿತ ಗೈರು ಹಾಜರಿ, ಅವಿಧೇಯತೆ, ಶಾಲಾ ಕೆಲಸಗಳಲ್ಲಿ, ಪಾಠ ಪ್ರವಚನಗಳಲ್ಲಿ ನಿರಾಸಕ್ತಿ. ಮಾತು ಮತ್ತು ಕೃತಿಗಳಲ್ಲಿ ಅಸಭ್ಯತನ ಕಂಡು ಬಂದರೆ, ಅಂಥವರನ್ನು ತಾತ್ಕಾಲಿಕವಾಗಿ ಸಸ್ಪೆಂಡ್ ಮಾಡಲಾಗುವುದು. ಇದು ಶಾಶ್ವತ ಶಾಲೆಯಿಂದ ತೆಗೆದು ಹಾಕುವವರೆಗೂ ಮುಂದುವರಿಯಬಹುದು. ತಡವಾಗಿ ಬರುವುದು, ಶಾಲಾ ವಸ್ತುಗಳನ್ನು ಹಾಳುಗೆಡುಹುವುದು ಮುಂತಾದ ತಪ್ಪುಗಳಿಗೆ 'ದಂಡ'ರೂಪದ ಶಿಕ್ಷೆಗಳನ್ನು ನೀಡಲಾಗುವುದು.
- 5. ಶಾಲೆಯ ವಠಾರದ ಹೊರಗೆ ಕಂಡು ಬಂದ ವಿದ್ಯಾರ್ಥಿಯ ನಡತೆಗೆ ಶಾಲೆಯು ಹೊಣೆಯಲ್ಲ. ಹೀಗಿದ್ದರೂ ದುರ್ನಡತೆಯು ಅಸಾಮಾನ್ಯವೆಂದು ಕಂಡು ಬಂದಲ್ಲಿ ಅದನ್ನು ಅಪರಾಧವೆಂದು ಪರಿಗಣಿಸಿ, ಅಂಥವರ ಮೇಲೆ ಶಿಸ್ತಿನ ಕ್ರಮಗಳನ್ನು ಕೈಗೊಳ್ಳಲಾಗುವುದು.
- 6. ಪೋಷಕರು ವಿದ್ಯಾರ್ಥಿಗಳ ಶೈಕ್ಷಣಿಕ ಸಾಧನೆಯನ್ನು ಪರಿಶೀಲಿಸಲು ಶಾಲೆಯು ನಿಗದಿಪಡಿಸಿದ ದಿನದಂದು ಸಮವಸ್ತ್ರ ಧರಿಸಿದ ವಿದ್ಯಾರ್ಥಿ ಸಹಿತವಾಗಿ ಶಾಲೆಗೆ ಆಗಮಿಸತಕ್ಕದ್ದು, ಶಾಲಾ ಸಾಧನಾ ದಾಖಲೆಗಳಲ್ಲಿ ಕೇವಲ ಶ್ರೇಣಿಗಳನ್ನು ಮಾತ್ರ ನಮೂದಿಸಲಾಗುವುದು.
- 7. ವಿದ್ಯಾರ್ಥಿಗಳು ಶಾಲೆಯು ಸೂಚಿಸಿದ ಸಮವಸ್ತ್ರವನ್ನು ಶಾಲಾ ದಿನಗಳಲ್ಲಿ ತಪ್ಪದೆ ಧರಿಸಿಕೊಂಡು ಬರತಕ್ಕದ್ದು. ಅಧಿಕ ಬೆಲೆಯ ಆಭರಣಗಳನ್ನು ಧರಿಸುವುದು ಮತ್ತು ಅಂಗೈಗಳ ಮೇಲೆ ಬಣ್ಣ ಸವರಿಸುವುದು [ಮೆಹಂದಿ] ಸಮವಸ್ತ್ರದೊಂದಿಗೆ ಸರಿಹೊಂದುವುದಿಲ್ಲ.
- 8. ವಿದ್ಯಾರ್ಥಿಗಳು ಪ್ರತೀದಿನ ತಮ್ಮ ಪ್ರಥಮ ಬೇಟಿಯ ವೇಳೆ ಅಧ್ಯಾಪಕರಿಗೆ ತಪ್ಪದೆ ವಂದನೆಯನ್ನು ಸಲ್ಲಿಸುವ ರೂಢಿಯನ್ನು ಅಳವಡಿಸಿಕೊಳ್ಳತಕ್ಕದು.
- 9. ಮುಖ್ಯೋಪಾಧ್ಯಾಯಿನಿಯರಿಂದ ಒಪ್ಪಿಗೆ ಪಡೆಯದೆ ಯಾವುದೇ ಮಸ್ತಕ, ಪತ್ರಿಕೆ ಮೊದಲಾದುವುಗಳನ್ನು ಶಾಲೆಗೆ ತರತಕ್ಕದ್ದಲ್ಲ.
- 10. ವಿದ್ಯಾರ್ಥಿಗಳ ಮಸ್ತಕಗಳಲ್ಲಿ ಅಥವಾ ಕೊಡೆಗಳಲ್ಲಿ ತನ್ನದೆಂದು ಸುಲಭದಲ್ಲಿ ಗುರುತಿಸಲಾಗುವಂಥಹ ಹೆಸರು ಅಥವಾಗುರುತು ಇರಬೇಕು. ಹಕ್ಕುದಾರರಿಲ್ಲದೆ ಶಾಲಾ ವಠಾರದಲ್ಲಿ ಕಂಡು ಬಂದಂತಹ ವಸ್ತುಗಳನ್ನು ಮುಖ್ಯೋಪಾದ್ಯಾಯಿನಿಯವರೆಗೆ ತಂದು ಒಪ್ಪಿಸತಕ್ಕದು.
- 11. ಪ್ರತಿ ಪಾಠದಆರಂಭದಲ್ಲಿ ಮತ್ತುಕೊನೆಯಲ್ಲಿ ಎಲ್ಲರೂಎದ್ದು ನಿಂತು ಭಕ್ತಿಪೂರ್ವಕವಾಗಿ ಪ್ರಾರ್ಥನೆಯನ್ನು ಸಲ್ಲಿಸಬೇಕು.

- 12. ವಿದ್ಯಾರ್ಥಿಗಳು ಶಾಲಾ ಶಿಸ್ತಿಗೆ ಮನಃಪೂರ್ವಕವಾಗಿ ಬದ್ಧರಾಗಿರತಕ್ಕದು. ವಿರಾಮ ವೇಳೆಯಲ್ಲಿ ಘಂಟೆಯ ಶಬ್ದ ಕೇಳಿದೊಡನೆಯೇ ಮೌನವಾಗಿ ಬಂದು ತರಗತಿಗಳಲ್ಲಿ ಇರತಕ್ಕದ್ದು. ವಿರಾಮ ವೇಳೆಯಲ್ಲಿ ಶಾಲಾ ವಠಾರವನ್ನು ಬಿಟ್ಟು ಹೊರಗೆ ಹೋಗಕೂಡದು.
- 13. ಹೆತ್ತವರು ಶಾಲೆಯಲ್ಲಿ ನಡೆಸುವ ಮಾಸಿಕ ಮತ್ತು ಉಳಿದ ಪರೀಕ್ಷೆಗಳಿಗೆ ತಮ್ಮ ಮಕ್ಕಳು ತಪ್ಪದೆ ಹಾಜರಾಗುವಂತೆ ನೋಡಿಕೊಳ್ಳುವುದು ಅವರ ಜವಾಬ್ದಾರಿ. ಯಾವುದಾದರೂ ನಿಜವಾದ ಕಾರಣಕ್ಕಾಗಿ [ಅನಾರೋಗ್ಯ ಇತ್ಯಾದಿ] ನಿಮ್ಮ ಮಕ್ಕಳು ಪರೀಕ್ಷೆಗೆ ಬರಲಾಗದಿದ್ದರೆ ಪರೀಕ್ಷೆ ಅವಧಿಗೆ ಒಳಗೆ ನೀವೇ ಖುದ್ಧಾಗಿ ಬಂದು ವರದಿ ಮಾಡಬೇಕು.

## ಹೆತ್ತವರಿಗೆ ಯಾ ರಕ್ಷಕರಿಗೆ ಸೂಚನೆಗಳು

- 1. ಶಾಲೆಯ ಶಿಸ್ತನ್ನು ಪಾಲಿಸುವಲ್ಲಿ ಕ್ರಮಬದ್ಧವಾದ ಓದಿನಲ್ಲಿ ಮಕ್ಕಳು ನಿರತರಾಗಿರುವಂತೆ ನೋಡಿಕೊಳ್ಳುವಲ್ಲಿ, ಹೆತ್ತವರು ಶಾಲೆಯ ಅಧಿಕಾರಿಗಳೊಂದಿಗೆ ಸಹಕರಿಸಬೇಕು. ರಜಾ ದಿನಗಳಲ್ಲಿ ಕಲಿಯಲು ಹೆಚ್ಚು ಸಮಯವನ್ನು ಉಪಯೋಗಿಸುವುದು. ಸರಿಯಾದ ಹಾಜರಿ ಮತ್ತು ಮನೆಯಲ್ಲಿ ಕಲಿಕೆಯನ್ನು ಹೆತ್ತವರು ಪ್ರೋತ್ಸಾಹಿಸದಿದ್ದರೆ, ಪಲಿತಾಂಶವು ನಿರಾಶದಾಯಕವಾಗುವುದು.
- 2. ತಮ್ಮರಕ್ಷಣೆಯಲ್ಲಿರುವ ಮಕ್ಕಳ ಗುಣ ಯಾ ವ್ಯಾಸಂಗದ ಅಭಿವೃದ್ಧಿಯ ಕುರಿತು ವಿಚಾರ ವಿನಿಮಯ ಮಾಡಲು ಬೆಳ್ಳಿಗ್ಗೆ ಘಂಟೆ 11.30 ರಿಂದ 12.30 ಮತ್ತು 2.30 ರಿಂದ 3.30 ರೊಳಗೆ ಪ್ರಾಂಶುಪಾಲೆಯರ ಕೊಠಡಿಗೆ ಬರಬಹುದು. ನಿಗದಿಗೊಳಿಸಿದ ದಿನದ ಹೊರತಾಗಿ ಹೆತ್ತವರುತಮ್ಮ ಮಕ್ಕಳಿರುವ ತರಗತಿಗೆ ಹೋಗಿ ಸಂಭದಪಟ್ಟ ಅಧ್ಯಾಪಕರನ್ನು ಕಂಡು ಮಾತನಾಡಿ ಬೋಧನೆಗೆ ಅಡ್ಡಿ ಮಾಡಬಾರದು.
- 3. ಮಕ್ಕಳ ಕೈಯಲ್ಲಿ ಅನಾವಶ್ಯಕವಾಗಿ ಹಣಕೊಡುವುದನ್ನು ನಿಷೇದಿಸಲಾಗಿದೆ.
- 4. ತಮ್ಮ ಮಕ್ಕಳು ಚಟುವಟಿಕೆಗಳಲ್ಲಿ ಮತ್ತು ಕಾರ್ಯಾನುಭವಗಳಲ್ಲಿ ವಿಶೇಷ ಆಸಕ್ತಿ ವಹಿಸುವಂತೆ ಪ್ರೋತ್ಪಾಹಿಸಬೇಕು.
- 5. ವಿದ್ಯಾರ್ಥಿಯು ತೇರ್ಗಡೆಯಾಗಬೇಕಾಗಿದ್ದರೆ ಶೇ. 90 ಹಾಜರಾತಿಯನ್ನು ಪಡೆದಿರಬೇಕು. ಅಲ್ಲದೆ ಕಾರ್ಯಾನುಭವ, ಲಲಿತ ಕಲೆಗಳು, ಶಾರೀರಿಕ ಶಿಕ್ಷಣದಲ್ಲಿಯೂ ಸರಿಯಾಗಿ ಭಾಗವಹಿಸಿರಬೇಕು.
- 6. 'ಮನೆಪಾಠ' [Tuitions] ದುಷ್ಪರಿಣಾಮವನ್ನು ಬೀರುವುದರಿಂದ ಅದನ್ನು ಪ್ರೋತ್ಸಾಹಿಸಬಾರದು. ಅಂತಹ ಅವಶ್ಯಕತೆಯಿದ್ದಲಿ ಮಾತ್ರ ಅದನ್ನು ಏರ್ಪಡಿಸಬಹುದು. ಆದರೆ ಶಾಲೆಯು ಇದರ ಜವಾಬ್ದಾರಿಯನ್ನು ವಹಿಸುವುದಿಲ್ಲ.

# RECOMMENDATIONS TO PARENTS/ GUARDIANS TOWARDS THEIR WARDS

- 1. Parents play a decisive role in the development of students in their formative years. Therefore the school expects the whole hearted co-operation from the parents.
- 2. Parents are requested to co-operate with the school authorities by enforcing regularity and discipline by advising and guiding their children to study their lessons daily and to take an active and salutary interest in the activities of the school.
- 3. Parents are particularly requested to Sign Messages, Progress Reports, Weekly Reports or any other similar documents when so requested. Failure to do this may put their children to great inconvenience and render them liable to be sent home. Repeatedly coming late or forgetting to bring relevant books may be punished in the same way.
- 4. Parents are invited to meet the Principal and other members of the staff personally especially when unsatisfactory attendance or progress of their wards is brought to their notice. Parents are free to meet the teachers from 3.30 p.m. to 4.00 p.m. only and not during class hours.
- 5. Parents are requested not to give extra money to their children other than for travel. If any payment is made to the school a receipt should be demanded (in particular for school fees).
- 6. Private tuitions are not encouraged.
- 7. Parents are requested to see that their children do not come to school wearing gold bangles, chains, finger rings, showy earnings or any other costly ornaments.
- 8. Parents/Guardians are advised not to give any gift to the teachers.
- 9. Parents are requested not to allow children to bring CDs, iPods, Cameras, mobile phones, video games or similar gadgets to the school. There will be surprise checking and if a student is found with any of these gadgets the same will be confiscated and will not be returned. Any violation of this rule will attract disciplinary action.

- 10. It is always advisable that the parents go through any new material like cartoons or CDs you buy for them before they start watching them.
- 11. Parents are discouraged strongly from visiting the school staff at their residences except in an emergency.
- 12. Criticism of the school authority /staff in the presence of the students should be avoided. Legitimate complaints should be brought to the notice of the Principal without delay. Anonymous letters/phone calls will not be considered.
- 13. All dues must be cleared before a student is admitted to the terminal/final examinations.
- 14. Attending the GBM, PTA meetings and Orientation program organized for parents as well as other important functions in the school is a duty and service parents owe to their wards'.
- 15. All communication from the school regarding home work, assignments, projects, tests, exams, competitions, payment of school fees, class work etc will be sent through Neverskip app. The parents are expected compulsorily to go through the messages and respond positively.
- 16. All doctor's appointments should be made outside school hours only.
- 17. If there is any grievance against the staff members parents are expected to bring it to the notice of the Principal. Parents are not permitted to tackle the staff members directly.
- 18. Any requests or complaints should be given in writing to the Principal.
- 19. Do encourage your ward to excel in academics and in all the curricular/co-curricular and extra-curricular activities organized by the school.
- 20. Keep the child at home when suffering from contagious or infectious diseases

- 21. If parents need to take their ward between school hours on emergency cases a written letter needs to be produced to the Principal and personally come over to pick them up. Other than parents if you are deputing any immediate relative (only in emergency cases) an authorization letter signed by the parents and the parent ID card is a must to pick up your ward.
- 22. To avoid any type of inconvenience the parents are expected to take utmost care in sending the required study material/lunch box/water bottle/short break snacks with the child itself in the morning.

#### LEAVE OF ABSENCE

Parents are advised to take responsibility to see that their ward attends classes regularly and as a rule does not seek exemption from attending daily classes. If there is any important occasion within the immediate family that falls on the working day and requires the presence of the family members whether for half day or full day leave of absence should be applied for beforehand by the parent by filling the details in the official note printed in the calendar. Such permission as a rule will not be granted if the occasion coincides with the date of Examination or any other important event of the school.

Parents will strictly avoid fixing a routine doctor's checkup to their ward during working hours.

a) Punctuality and regular attendance is insisted upon. Leave of absence from school even for a few periods for attending marriages, funerals, etc., is not allowed. The general terms of excuse, 'for some business' 'for some ceremony' are not accepted.

- b) When a pupil has been absent from school without leave for some reason not foreseen, she/he must on returning to school bring a **LEAVE NOTE** from his/her parents or guardian. Should the absence exceed three days the Leave Note must be forwarded to the Principal.
- c) Half day leave is granted in case of genuine reason only. The leave note should be compulsorily submitted in the morning itself to the Principal or Vice Principal.
- d) In the case of illness if the student is absent for more than 3 days the Leave Note along with the Medical Certificate must be forwarded to the principal.
- e) Special notice shall be taken of absence without permission from **TESTS AND EXAMINATIONS AND THE RE-OPENING OF CLASSES** after the holidays (June/October/December).
- f) Continuous absence for more than a week from school without permission will lead to the removal of the student's name from the school register. In such cases re-admission will be done only after payment of Rs.300/-. Re-admission cannot be claimed as a matter of right. The school authorities will have full discretion in this matter.

#### THE SCHOOL LIBRARY

The School Library of Carmel School is fully automated and well stocked with a record number of books, periodicals, magazines, journals national dailies etc. Students are advised to make optimum use of library resources, **maintain absolute SILENCE** and extend courtesy to the "temple of knowledge" by observing the following rules........

- 1. The students of Grade VI to X are issued a library card and it is mandatory to bring the card when they enter the library.
- 2. The books are checked at the time of issuing and while returning.

- 3. Books to be returned on the due date only.
- 4. A fine of Rs. 10/per week will be imposed if not returned on the due date.
- 5. If the card is lost, a new card will be issued after a payment of Rs.20/-
- 6. Students may borrow only one book on their library cards. The library card of a student will be cancelled if she/he is found lending it to others.
- 7. Books are issued for a week only.
- 8. Students are responsible for the books borrowed on their cards. The loss of books or any damage to them will have to be compensated for by the students. There is penalty for scribbling in a library book.
- 9. Books will be issued and returned only during the concerned library period. Do not leave the books in the classroom.
- 10. If a book is lost, it has to be replaced by a new one or its market price has to be paid.
- 11. The students are not allowed to bring their personal belonging or text and note books into the library.
- 12. If a Student wishes to keep the book longer even after the due date of returning it, she should renew the issue.
- 13. In order to avoid too much of rush in issuing and returning the books during exams, the students are requested to collect books between 10. 30a.m to 3. 15p.m with the permission of the respective teacher.
- 14. Students should maintain discipline and come in order to collect and return the books.
- 15. While leaving the library, chairs must be kept under the table without creating noise.

#### THE PARENT - TEACHER ASSOCIATION

- 1. All parents of the students on the roll of the School become members of the P.T. Association on payment of the membership fees Rs. 100/- (along with the school fees) per student in the academic year.
- 2. If a student has lost both her parents her legal guardian becomes the member of the Association. Parents who are abroad will appoint a guardian while admitting their child to this institution and give an official letter to the principal to this effect and the guardian will participate in the activities of the P.T.A. in the place of the parents. However only parents have an active voice to be elected as members of the Executive Committee of the P.T.A.
- The Institution maintains the strong conviction that the ongoing efforts/ programs directed towards the growth and well-being of our students will become fruitful only when parents and teachers join hands, interact closely and act jointly in all educational endeavours.
- 4. The Parents/ Guardians have the responsibility to attend the General Body Meeting of the P.T.A., and the results session held after every Periodic Test/Term Exam. Besides they are expected to meet the teachers regularly and interact with them having the progress and the welfare of their children at heart.
- 5. The members elected for PTA Executive Committee should attend the meetings without fail and contribute actively for the growth and welfare of both students and the school.

#### CHILDREN'S SAFETY MEASURES

The school has undertaken all precautions to ensure safety and protection of your ward. We require your co-operation too in this regard. It's our joint duty and responsibility to ensure the safety of our children. Hence we wish to create awareness among you and request you to do the following.

- Ensure that you know the whereabouts of your child at regular intervals.
- > Start sharing your days experiences so that your children will also open up to you about their experiences.
- Observe your child's behavior; if changes are found find the reason.
- Educate your child about good touch and bad touch.
- ➤ Teach your child some important phone number specially **Child Helpline Number 1098 and Police 112** available 24x7.
- Ensure that your child has reached the class room.
- Drop and pick up your ward to and from school in time. Do not leave them unattended.
- Know your child's friends/ acquaintances and enlist their phone numbers and address.
- ➤ Teach your children to refuse gifts (sweets and chocolates) including money from strangers.
- Teach your children to report to you/ guardians and teachers if someone troubles them.
- ➤ Instruct your child not to indulge in personal information to strangers.
- Collect detailed information about the hobbies/ interests of child's activities.
- ➤ Your child's safety should be the first priority.
- ➤ If parents need to take their ward during school hours for any reason a prior written request letter must be submitted to the Principal and personally come to pick them up. Other than parents, if deputing any immediate relative (only in emergency cases) an authorization letter signed by the parents is a must to

- pick up your ward. In all the above cases presenting the parents ID is mandatory.
- To avoid any type of inconvenience, please see that the books/ lunch bag/ short break snacks/ material required for CCA/ yoga classes etc. are sent with the child itself in the morning.
- ➤ Parents should always keep track of phone calls and messages being received by their wards on the mobiles and in case of instances where they receive instigating SMS, obscene pictures on mobile or through any other mode, such instances should be immediately reported to the nearest police station.
- ➤ You are advised not to send the child to school if the child is sick.
- ➤ Parents are strictly instructed not to allow their children to carry any electronic gadgets/ mobile/ camera to the school. If it is found with the children in the school, it will be a punishable act.
- ➤ Whenever your children go out to play with friends you need to find out who their friends are, and what kind of games they play, because young children sometimes sexually abuse themselves. You need to be observant.
- ➤ If your child complains about a particular person, or a situation, don't keep quiet about it. Take up the matter in an appropriate manner and find out the truth. Assure your children that you will defend them at any cost.
- Speak openly to your children about different unwelcome possibilities, wherever they go. It can be in your own house, in your relative's houses, in the school, in the playground, in the school bus or any such place where they are in the company of others.

- ➤ It is always advisable that you go through any new material like cartoons or CDs, you buy for them before they start watching them.
- ➤ Tell your girl child never to sit on the laps of boys/men, no matter what the situation. Even a boy child needs to be warned about such situations. Please remember that it's not only girls, but also boys who become victims of sexual assaults.
- ➤ If a lively child suddenly becomes silent and withdrawn, you need to talk to your child patiently to find out if there is something going wrong.
- ➤ Tell your children never to accept a lift (free ride in a vehicle) offered by a stranger or any eatable or gift offered by a stranger. Ask them to avoid talking to any stranger as far as possible when they are alone.
- ➤ Educate your children about issues related to sex in an ageappropriate manner as they grow up. If you don't, they will gather the wrong kind of information from the wrong sources.
- As far as possible, never send your child (boy or girl) alone anywhere. Most children get molested or mistreated when they are left alone.



# ಆತ್ತೀಯ ಪೋಷಕರೇ

ನಿಮ್ಮ ಮಕ್ಕಳನ್ನು ಸರಿಯಾದ ಕ್ರಮದಲ್ಲಿಜಾಗ್ರತೆಯಿಂದ ಬೆಳೆಸುವುದರ ಬಗ್ಗೆ ಈ ಕೆಳಗಿನ ರಕ್ಷಣಾ ಕ್ರಮಗಳನ್ನು ಅನುಸರಿಸಲು ಶಾಲಾವತಿಯಿಂದ ನಾವು ತಮಗೆ ಸೂಚಿಸುತ್ತಿದ್ದೇವೆ.

- > ನಿಮ್ಮ ಮಕ್ಕಳು ಬಿಡುವಿನ ಸಮಯದಲ್ಲಿ ಎಲ್ಲೆಲ್ಲಿ ಹೋಗುತ್ತಿದ್ದಾರೆ ಎಂಬುದರ ಬಗ್ಗೆ ಗಮನಿಸುವುದು ಮತ್ತು ಖಚಿತಪಡಿಸಿಕೊಳ್ಳುವದು.
- ➢ ನೀವು ಅನುಭವಗಳನ್ನು ಮಕ್ಕಳ ಜೊತೆ ಹಂಚಿಕೊಂಡಾಗ ಅವರು ತಮ್ಮ ಅನುಭವಗಳನ್ನು ನಿಮ್ಮ ಜೊತೆ ಹಂಚಿಕೊಳ್ಳುವರು.
- ➤ ವುಕ್ಕಳ ನಡವಳಿಕೆಯನ್ನು ವೀಕ್ಷಿಸಿ ಅವರ ನಡುವಳಿಕೆಯ ಬದಲಾವಣೆಯಕಾರಣವನ್ನು ಹುಡುಕುವುದು.
- ನಿಮ್ಮ ಮಕ್ಕಳಿಗೆ ಒಳ್ಳೆಯ ನಡತೆ ಮತ್ತು ಕೆಟ್ಟ ನಡತೆಯ ಬಗ್ಗೆ ತಿಳಿಸುವುದು.
- ನಿಮ್ಮ ಮಕ್ಕಳಿಗೆ ತುಂಬಾ ಮುಖ್ಯವಾಗಿ ಬೇಕಾಗಿರುವ ಮಕ್ಕಳ ಸಹಾಯವಾಣಿ ದೂರವಾಣಿ ಸಂಖ್ಯೆ 1098 ಮತ್ತು ಪೋಲಿಸ್ ಸಹಾಯವಾಣಿ 112 ಗೆ ಸಂಪರ್ಕಿಸಲು ಪ್ರೋತ್ರಾಹಿಸುವುದು.
- ➣ ನಿಮ್ಮ ಮಕ್ಕಳು ಶಾಲೆಯನ್ನು ತಲುಪಿದ್ದಾರೆ ಎಂಬುದನ್ನು ಖಾತರಿ ಪಡಿಸುಕೊಳ್ಳುವುದು.
- ➤ ನಿಮ್ಮ ಮಕ್ಕಳನ್ನು ಸರಿಯಾದ ಸಮಯಕ್ಕೆ ಶಾಲೆಗೆ ತಂದು ಬಿಡುವುದು ಮತ್ತು ಶಾಲೆ ಮುಗಿದ ತಕ್ಷಣವೇ ಕರೆದುಕೊಂಡು ಹೋಗುವುದು.
- ➤ ನಿಮ್ಮ ಮಕ್ಕಳನ್ನು ಶಾಲೆಗೆ ಕಳುಹಿಸುವ ವಾಹನ ಚಾಲಕರ ವೈಯಕ್ತಿಕ ವಿವರಗಳನ್ನು ಪರಿಶೀಲಿಸಿ ಅವರ ಆರ್.ಸಿ. ವಿವರ, ವಿಳಾಸ ಮತ್ತು ಪೋನ್ ನಂಬರ್ನ್ನು ಪಡೆದುಕೊಳ್ಳುವುದು.
- ▶ ಅಗತ್ಯವಿದ್ದರೆ ನಿಮ್ಮ ಮಕ್ಕಳ ಸಹ ಗೆಳೆಯರ/ಗೆಳತಿಯರ ಮಾಹಿತಿ ಗೊತ್ತಿದ್ದರೆ ಅವರ ವಿಳಾಸ ಮತ್ತು ಪೋನ್ ನಂಬರ್ನ್ನು ಪಡೆದುಕೊಳ್ಳುವುದು.
- ➤ ಅಪರಿಚಿತ ವ್ಯಕ್ತಿಗಳಿಂದ ಉಡುಗೊರೆ (ಮಿಠಾಯಿ, ಚಾಕೊಲೇಟ್) ಮತ್ತು ಹಣವನ್ನು ತೆಗೆದುಕೊಳ್ಳದಂತೆ ಮಕ್ಕಳಿಗೆ ಸೂಚಿಸುವುದು ಮತ್ತು ವೈಯಕ್ತಿಕ ವಿಚಾರಗಳನ್ನು ಚರ್ಚಿಸದಂತೆ ತಿಳಿಸುವುದು.
- ➤ ಯಾರಾದರೂ ಮಕ್ಕಳಿಗೆ ತೊಂದರೆ ಮಾಡಿದರೆ, ಇದರ ಬಗ್ಗೆ ಅವರು ಪೋಷಕರಿಗೆ, ಪಾಲಕರಿಗೆ ಮತ್ತು ಗುರುಗಳ ಬಳಿ ತಿಳಿಸುವುದು.
- ನಿಮ್ಮ ಮಕ್ಕಳ ಹವ್ಯಾಸಗಳ ಬಗ್ಗೆ ಮೋಷಕರು ಪೂರ್ಣ ಮಾಹಿತಿ ಹೊಂದಿರತಕ್ಕದ್ದು.
- ▶ ನಿಮ್ಮ ಮಕ್ಕಳ ಸುರಕ್ಷತೆ ನಿಮ್ಮಆದ್ಯಕರ್ತವ್ಯವಾಗಿರಬೇಕು.

	MAY - 2024			
1	Wed	Workers Day - P.H.		
2	Thu			
3	Fri			
4	Sat			
5	Sun			
6	Mon			
7	Tue			
8	Wed			
9	Thu			
10	Fri	Basava Jayanthi - P.H.		
11	Sat	National Technology Day		
12	Sun			
13	Mon			
14	Tue			
15	Wed			
16	Thu			
17	Fri			
18	Sat			
19	Sun			
20	Mon			
21	Tue			
22	Wed			
23	Thu			
24	Fri			
25	Sat	Inaugural Ceremony of Carmel Alumni Association		
26	Sun			
27	Mon	Staff Orientation Programme		
28	Tue	Staff Orientation programme - KRCE		
29	Wed	Staff Meeting		
30	Thu	Staff Orientation programme		
31	Fri	Neverskip Training programme - Staff		
	"Nature is not a place to visit, it is home" -Gary Snyder			
	40			

	JUNE - 2024		
1	Sat	School Re-opens for Grade III to X	
2	Sun		
3	Mon	School Re-opens for Grade I to II and UKG	
4	Tue		
5	Wed	World Environment Day / Courtesy Week/ School Re-opens for LKG	
6	Thu		
7	Fri		
8	Sat		
9	Sun		
10	Mon	Installation of the School Cabinet	
11	Tue		
12	Wed		
13	Thu		
14	Fri		
15	Sat		
16	Sun	Father's Day	
17	Mon		
18	Tue	Orientation Programme for Parents Grade VI to X	
19	Wed	Orientation Programme for Parents Grade I -V/ LKG & UKG	
20	Thu	First Periodic Test Grade IX & X (Tentative Time Table)	
21	Fri	International Yoga Day / PTA Executive Meeting	
22	Sat		
23	Sun		
24	Mon		
25	Tue	Competition - Grade I to VIII	
26	Wed		
27	Thu	Orientation Programme for Students Grade VII to X	
28	Fri	Orientation Programme for Students Grade IV to VI	
29	Sat	Competition Grade IX X	
30	Sun		
		"Nature is the art of God" - Dante Alighieri	

	JULY - 2024		
1	Mon	National Doctor's Day	
2	Tue		
3	Wed	International Plastic Bag Free Day	
4	Thu		
5	Fri	Vanmahotsav	
6	Sat	LITERARY COMPETITIONS - AICS	
7	Sun		
8	Mon	Orientation Programme for students Grade I, II, III	
9	Tue	A session for Students Grade IV V VI / VII VIII IX X	
10	Wed		
11	Thu	World Population Day / Open House Grade IX X	
12	Fri		
13	Sat		
14	Sun		
15	Mon	Holy Mass / Celebration	
16	Tue	Feast of our Lady of Mount Carmel D.H.	
17	Wed	Moharam P.H.	
18	Thu		
19	Fri	First Periodic Test I -VIII (Tentative Time Table)	
20	Sat	World Chess Day / SHUTTLE BADMINTON - AICS	
21	Sun		
22	Mon		
23	Tue		
24	Wed		
25	Thu		
26	Fri		
27	Sat	General Body Meeting of the PTA at 9.30a.m	
28	Sun	World Grandparents Day	
29	Mon		
30	Tue	International Friendship Day	
31	Wed	Capacity Building programme - Staff	
	"Time spent amongst trees is never wasted time." -Katrina Mayer		

	AUGUST - 2024			
1	Thu			
2	Fri	Subject related Presentation Grade III IV V		
3	Sat	Subject related Presentation LKG/UKG Grade I to II		
4	Sun			
5	Mon			
6	Tue	Open House Grade I to VIII		
7	Wed			
8	Thu			
9	Fri	Hosting of AICS CHESS TOURNAMENT (Boys &		
		Girls) Senior & Junior D.K.		
10	Sat			
11	Sun			
12	Mon	International Youth Day Competition Grade I to X		
13	Tue			
14	Wed			
15	Thu	Independence Day: P.H		
16	Fri			
17	Sat	Capacity Building Programme - Staff		
18	Sun			
19	Mon	World Humanitarian Day / Second Periodic Test Grade		
		IX & X (Tentative Time Table)		
20	Tue			
21	Wed			
22	Thu			
23	Fri			
24	Sat			
25	Sun			
26	Mon			
27	Tue			
28	Wed			
29	Thu	National Sports Day / Leadership Training Programme		
		Grade IX X / Cabinet & Deputy Leaders		
30	Fri	Novena for the Nativity begins		
31	Sat	Coconut Day / AICS Cultural Competitions.		
	"Choose only one master—Nature." -Rembrandt			

	SEPTEMBER - 2024		
1	Sun	Subject related Activity LKG UKG Grade I & II	
2	Mon		
3	Tue		
4	Wed		
5	Thu	Teachers Day	
6	Fri		
7	Sat		
8	Sun	Nativity of Blessed Virgin Mary/International Literacy Day/Sharing Day- Girl Child Day	
9	Mon		
10	Tue	Open House Grade IX X	
11	Wed		
12	Thu		
13	Fri		
14	Sat	Career Guidance - Grade X / Hindi Diwas	
15	Sun		
16	Mon	Eid-Milad - P.H.	
17	Tue		
18	Wed	TERM I EXAM Grade I to IX (Tentative Time Table)	
19	Thu		
20	Fri		
21	Sat	Day for Peace & Non -Violence (UN)	
22	Sun	Welfare of Cancer Patients - Rose Day	
23	Mon		
24	Tue		
25	Wed		
26	Thu		
27	Fri		
28	Sat		
29	Sun	World Heart Day	
30	Mon		
"TI	he earth do	oes not belong to us; we belong to the earth." - Chief Seattle	

	OCTOBER - 2024			
1	Tue	International Day for Senior Citizens		
2	Wed	Gandhi Jayanthi: P.H. Mahalaya Amavasye : P.H.		
3	Thu	Field Trip: Grade LKG UKG Grade I to X		
4	Fri	World Animal Welfare Day/Service Learning Activities		
5	Sat			
6	Sun			
7	Mon			
8	Tue	Indian Air Force Day / Open House LKG UKG		
		Grade I to IX (Tentative Timetable)		
9	Wed	Capacity Building Programme - Staff		
10	Thu			
11	Fri	National Girl Child Day		
12	Sat	Mahanavami /Ayudhapooja P.H.		
13	Sun			
14	Mon			
15	Tue			
16	Wed	World Food Day		
17	Thu	Valmiki Jayanthi- P.H.		
18	Fri			
19	Sat			
20	Sun			
21	Mon			
22	Tue			
23	Wed	Carmel Talent Fest - Grade VIII to X		
24	Thu	Carmel Talent Fest - LKG UKG Grade I to III		
25	Fri	Carmel Talent Fest - Grade IV V VI VII		
26	Sat			
27	Sun			
28	Mon			
29	Tue	QUIZ - International Year of Camelids Grade I to X		
		(In charge Cabinet leaders)		
30	Wed	PANEL DISCUSSION (In charge Grade IX)		
31	Thu	Naraka Chaturdashi - P.H.		
	"There is no Wi-Fi in the forest but I promise you will find a better connection." –Ralph Smart			

	NOVEMBER - 2024		
1	Fri	Kannada Rajyotsava- P.H	
2	Sat	Balipadyami - P.H.	
3	Sun		
4	Mon		
5	Tue		
6	Wed		
7	Thu	Annual Sports Meet (Tentative Timetable)	
8	Fri	Annual Sports Meet (Tentative Timetable)	
9	Sat		
10	Sun		
11	Mon		
12	Tue		
13	Wed		
14	Thu	Childrens Day Celebration	
15	Fri		
16	Sat		
17	Sun		
18	Mon	Kanakadasa Jayanthi P.H.	
19	Tue	Establishment Day	
20	Wed	III Periodic Test- Grade IX/ X (Tentative Time Table)	
21	Thu		
22	Fri		
23	Sat		
24	Sun		
25	Mon		
26	Tue	Indian Constitution Day	
27	Wed		
28	Thu		
29	Fri		
30	Sat		
	"Nature does not hurry, yet everything is accomplished." –Lao Tzu		

	DECEMBER - 2024			
1	Sun	World AIDS Day		
2	Mon			
3	Tue	World Day of the Handicapped		
4	Wed	Indian Navy Day		
5	Thu	Competition- Kindergarten Section		
6	Fri	Competition Grade I - X		
7	Sat	Indian Armed Forces Flag Day Open House Grade IX X		
8	Sun			
9	Mon			
10	Tue	Human Rights Day		
11	Wed	International Mountain Day		
12	Thu	Annual Day Celebration		
13	Fri	Annual Day Celebration		
14	Sat	World Energy Conservation Day		
15	Sun			
16	Mon	FIRST Pre-Board Exam Grade X		
17	Tue			
18	Wed			
19	Thu	Outreach Programme		
20	Fri			
21	Sat			
22	Sun	National Mathematics Day		
23	Mon	Christmas Celebration		
24	Tue			
25	Wed	Christmas: P.H.		
26	Thu			
27	Fri			
28	Sat			
29	Sun			
30	Mon			
31	Tue			
	"To forget how to dig the earth and to tend the soil is to forget			

<sup>&</sup>quot;To forget how to dig the earth and to tend the soil is to forget ourselves." – Mahatma Gandhi

	JANUARY - 2025		
1	Wed	New Year Day/Global Family Day	
2	Thu	School Re-opens	
3	Fri	Open House Grade X	
4	Sat	Diocesan Catechism/Value Education Examination Grade VII /X	
5	Sun		
6	Mon	Photo Session (Two days)	
7	Tue		
8	Wed	SECOND Pre-Board Exam Grade X (Tentative Timetable)	
		FIRST Pre-Board Exam Grade IX (Tentative Timetable)	
9	Thu	Subject related Presentation : LKG, UKG Grade I II	
10	Fri	Subject related Presentation Grade III IV V	
11	Sat	MOCK PARLIAMENT (In charge Grade VIII)	
12	Sun		
13	Mon		
14	Tue	Makara Sankrathi - P.H.	
15	Wed	Army Day	
16	Thu	Second Periodic Test Grade I to VIII (Tentative Timetable)	
17	Fri		
18	Sat		
19	Sun		
20	Mon		
21	Tue		
22	Wed		
23	Thu		
24	Fri	Open House Grade IX X	
25	Sat		
26	Sun	Republic Day: P.H	
27	Mon	THIRD Pre-Board Exam Grade X	
28	Tue		
29	Wed		
30	Thu	Martyr's Day- Peace Day	
31	Fri		
	"Storms make trees take deeper roots" –Dolly Parton		

FEBRUARY - 2025		
1	Sat	
2	Sun	Integrity Day
3	Mon	Merit Day: LKG UKG Grade I to IV
4	Tue	World Cancer Day/ Merit Day: Grade V VI VII VIII IX
5	Wed	Safer Internet Day
6	Thu	Open House: LKG UKG Grade I to VIII
		A session on 'Carmel Treasures' for Grade X
7	Fri	
8	Sat	
9	Sun	
10	Mon	
11	Tue	TERM II EXAM : Grade VIII IX (Tentative Timetable)
12	Wed	
13	Thu	
14	Fri	
15	Sat	
16	Sun	
17	Mon	
18	Tue	
19	Wed	
20	Thu	World Day of Social Justice
21	Fri	International Mother Language Day
22	Sat	World Thinking Day - Cubs/Bulbul/Scouts/Guides
23	Sun	
24	Mon	
25	Tue	
26	Wed	Mahashivaratri - P.H.
27	Thu	
28	Fri	National Science Day RESULTS - Grade VIII IX
"	Sunsets ar	re proof that endings can often be beautiful, too." -Beau Taplin

	MARCH - 2025			
1	Sat	Reopening of School Grade IX & X		
2	Sun			
3	Mon	World Wildlife Day/World Hearing Day		
4	Tue			
5	Wed			
6	Thu			
7	Fri	Annual Exhibition Grade I to IX		
8	Sat	International Women's Day		
9	Sun			
10	Mon			
11	Tue	Annual Camp - Cubs/Bulbul/Scouts/Guides		
12	Wed			
13	Thu			
14	Fri	Kindergarten Graduation Ceremony		
15	Sat	World Consumer Rights Day		
16	Sun			
17	Mon	TERM II EXAM - LKG UKG Grade I to VII		
18	Tue			
19	Wed			
20	Thu			
21	Fri	World Forestry Day		
22	Sat	World Day for Water		
23	Sun			
24	Mon			
25	Tue			
26	Wed			
27	Thu			
28	Fri			
29	Sat			
30	Sun	Ugadi - P.H.		
31	Mon	Ramzan - P.H.		
	"The earth has its music for all who will listen" - Reginald Holmes			

	April - 2025			
1	Tue	Summer Camp / Sports Camp		
2	Wed			
3	Thu			
4	Fri			
5	Sat			
6	Sun			
7	Mon	World Health Day		
8	Tue			
9	Wed			
10	Thu			
11	Fri			
12	Sat			
13	Sun			
14	Mon	Dr. Ambedkar Jayanthi : P.H		
15	Tue	RESULTS - Grade I to VII		
16	Wed			
17	Thu			
18	Fri	Good Friday P.H.		
19	Sat			
20	Sun			
21	Mon			
22	Tue	Earth Day		
23	Wed			
24	Thu			
25	Fri			
26	Sat			
27	Sun			
28	Mon			
29	Tue			
30	Wed	Basava Jayanthi P.H.		
	"Study nature, love nature, stays close to nature. It will never fail you." – Frank Lloyd Wright			

## MOTHER VERONICA SONGS

## 1. CARMEL BLOSSOMS ANTHEM

Let us arise and sing a song of praise In tones so sweet our voice we raise Carmel blossoms hey! Loudly sing All round good tidings we bring

- In Mary's garden we bloom and grow Friends of Jesus we shine and show To all the wide world that God is love Be with us he has come from above
- Sharing our joy we march through the world Walk with Jesus our true friend and God Living a life that's helpful to all Loving and true together we recall
- Our call and duty to do our best
   Fathom true beauty in Jesus rest
   Friend of Jesus happy and free
   Blossoms of Carmel we shall always be.

## 2. A BEAUTIFUL LIFE

Each day I'll do a golden deed
 By helping those who are in need
 My life on earth is now but spent
 And so I'll do the best I can

Ch.: Life's feeble sun is sinking low
A few days and I must go
To reap the deeds that I have done
Where there will be no setting sun

While moving down life's weary road
 I'll try to live sometime alone
 I'll try to live aright this day,
 Make flowers bloom along the way

## 3. MAKE MY DAY

Make my day O Lord a beautiful one Make my life O Lord a happy one Make my day O Lord a beautiful one.

- Let me see your face
   Let me hear your voice
   Let me have your grace
   Let me get your touch
   Let me feel your love in everything
   That is under the sun.
- Let me see your light
   Let me hold your hand
   Let me walk your path
   Let me feel your love
   Let me trust your ways as I bow and say
   "Your will be done".

#### 4. MARY WANTS TO FILLUS

Mary wants to fill us With grace from above, Hail Lady of Mt. Carmel We love and honour you

- Carmel is garden
   Where peace and joy abide
   For God's love is the planting
   His all sufficing love
- Mary brings a message
   Hark now to Christ she says
   She asks us to be loving
   And gentle in all ways
- Prayer is all important
   Reflect all days and pray
   To know what's best and wisest
   In what you do and say.

#### 5. WE ARE LIVING IN THE GARDEN OF LOVE

We are living in the garden of love Little pretty flowers Happy every hour Living in the garden of love And you can live there too

Just open up your heart
And let the sunshine of God's love
Come shining down on you
And take the word of love from God
Just like the grass that's green
You can live it too.

### 6. MOTHER OF CARMEL PRAY FOR ME

Mother of Carmel pray for me I want to live and above like thee

- Teach me to pray with faith in God Show me the way that leads to my Lord
- 2. Help me to see what's right and wrong And with sound value guide me along
- 3. Service to all your aim was indeed True citizen be and help all in need.

## 7. SING UNTO THE LORD

Sing unto the Lord a new song
Sing unto the Lord all the earth
Sing unto the Lord a new song
Sing unto the Lord all the earth
For God is great and greatly to be praised
God is great and greatly to be praised.

#### 8. A NEW STAR IS RISEN

 A new star is risen from the ocean Veronica is her name
 To join other stars in the heaven above Of the great family of Carmel

Ch: Veronica, Veronica
The whole world hails you today
Veronica, Veronica
You showed Carmel a new way

- Active life and contemplation
   She saw as the need of the time
   To give the good news all around the world
   In work of charity and education
- She marked the way for us contemplation
   Of obedience and self-sacrifice
   In true humility and fidelity
   Trusting always in our heavenly father

## 9. GOD ALONE SUFFICES

- God alone suffices this our motto true
   He is our security in Him we live and move
   He is a Banker who never fails in Him we find our rest
   He never changes He knows that is best
- Ch.: God alone (2) God alone suffices God alone (2)
  He never leaves us God alone (2)
  His graces ever support us God alone (2)
  to our goal He leads us
- Rooted in God's love and prayer onwards step we take Working single –mindedly in His mission we partake Walking zealously with Mother Veronica as guide Never fearing obstacles for God is on our side
- 3. God's love is what we need His love better than life He provides for all our needs there is no room for strife A.C's C.B's A.C.A's we from our family Neath the banner of Carmel we sing most joyfully.

#### 10. VERONICA, OUR REVRED FOUNDRESS

Veronica our revered foundress dear Veronica we praise our God for you Now and always we celebrate you

- Strange was your destiny on earth For unknown path you've trod Humbly doing God's holy will
- Faith was God's special gift to you
   Which unfurled divine truths
   Anchored in God true peace you cherished
- Christ placed you always on the cross And obedience was your life Constant in prayer you humbly said yes
- Apostolic Carmelites we are Thanks to your endless toil You helped us again our identity
- Apostolic Carmelites we are Thanks to your endless toil You helped us gain our identity.

## 11. GOD IS SO GOOD

- 1. God is so good (3) Yes He's good to me
- 2. God care for me (3) Yes He cares for me
- 3. I'll trust in Him (3) Yes I will trust in Him
- 4. I'll sing His praise (3) Yes I'll sing His praise.

## 12. I AM CHILD LORD

- I am your Child Lord God I am Child (2) Everyday every hour I can feel your Healing power
- 2. I praise you Lord God I praise you (2)
- 3. I thank you .....
- 4. I love you .....

## 13. VERONICA WE REMEMBER YOU

Veronica we remember you with filial love and gratitude Veronica, we honour you, we celebrate your greatness true.

- Through education you changed the hearts
   Through healing care you brought joy to lives
   Ever more than these as we think of you
   We celebrate your holiness true
- You loved the poor and neglected ones
   You prayed and worked for abandoned ones
   You fixed your gaze on Jesus Christ
   To please us him mother you spent your life.
- On this our joy- Filled festive day With loyal heart we sing this lay Your hidden life and zeal indeed Inspires us I pray and deed

#### 14. JOYFULLY SINGING

- Joyfully singing glad hearts are bringing With admiration praised for a foundress She lived for God alone and His kingdom Mother Veronica choose cherished you are You teach us "God alone suffices"
- 2. Humble and trusting new call discerning In gentle whisper inspiring offering Family pleasure, romance, self interest Suffering conflict pain her fervor never waned Knowing that "God alone suffices"
- 3. Mother Veronica A leader great you are We who are choose for Carmel's mission May we be gracious kind always caring May we in vision grow reach out to suffering poor Showing all "God alone suffices".

#### 15. HOMAGE TO MOTHER VERONICA

Veronica a name to A.C's dear

A constant inspiration and spur

Anchored in God to him totally yielded

Her words to us bring eagerness and freedom

- I do not desire anything but the will God
   All my prayer was to be last and least in Carmel
- The only ambition of a Carmelite is to surpass others in humilities
   Do not hurt charity that you may be recognized as the children of God
- 3. Make yourself small and remain very small For there is always place for little ones
- 4. Be constant in prayer humble disturb self
  Put your trust in God alone and not in man
- 5. As for me he place me on the cross always It is my place unto the end of my poor life
- 6. A whole of eternity will not suffice to give him thanks For that inestimable gift than faith bestowed on me.

#### 16. GOD OUR FATHER

God our father look on us with love

All the time all the time

God our father looks on us with love

All the time all the time

- He say I will love you all the times
   I will love you forever (3) all the times
- 2. He says I am with you all the time (2) I am with you forever

#### 17. MOTHER VERONICA WE SING TO YOU

Mother Veronica we sing to you
 A song of thankfulness sincerely true
 You searching God's holy will on life's way
 That brought forth fruit in the A.C way

Ch.: We the Apostolic Carmelites
Do praise you by night and by day
We praise you revere you hall you as
Our guide and joy our foundress dear

- Mother Veronica valiant and brave
   True spouse of Christ our Lord we true to you
   Teach us to love our Lord in faith and love
   In holy solitude in prayer and fast
- Mother Veronica friend of the poor
   Comforter of the sick and helpless old
   You spent your life on earth teaching the young
   Braving all strife and stress in lands far and near.

#### 18. MAKE GOD YOUR GURU

Make God your Guru: let him tell you what to do
Listen he's calling clear and true
Take time to listen, take courage to obey
The inner voice is calling, calling you
There are voice all around us
My enemies and my friends
Do this don't do that the chorus never ends
But I will always listen to that quiet inner voice
It is swift and definite and I have made my choice.



Specimen Signature of Parents/Guardian:  Name of the Pupil:  Name of the Pupil:  Date of Absence Absence Absence Absence Arguired Acquired Absence Acquired Absence Ab	
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# MY DAILY TIME TABLE

1.	I get up in the Morning	रु :			
2.	Morning Study	:			
3.	I go to School	:			
4.	I reach back home	:			
5.	Evening Study	:			
6.	I sleep at night	:			
7.	Total time for study	:			
I will ensure that my Son/ Daughter					
of Std follows the above time table daily.					
	Student Signature		Parents/Guardian Signature		

# RESPONSE BY THE PARENTS, GUARDIAN AND STUDENT

I have read the School Calendar and will fulfill the requirements laid down by the School for Parents/ Students.

Signature of Parent

Signature of Student

Signature of the Guardian

ಹೆತ್ತವರ ಯಾ ರಕ್ಷಕರ: ವಿದ್ಯಾರ್ಥಿಯರ ಪ್ರತಿಕ್ರಿಯೆ

ಈ ವಿದ್ಯಾ ಸಂಸ್ಥೆಯು ಶಾಲಾ ಕ್ಯಾಲೆಂಡರಿನಲ್ಲಿ ತಿಳಿಸಿರುವ ಅವಶ್ಯವಾದ ಅಂಶಗಳನ್ನು ಓದಿರುವೆನು ಮತ್ತು ಅವುಗಳನ್ನು ಪಾಲಿಸಲು ಒಪ್ಪಿಕೊಂಡಿರುವೆನು.

ಹೆತ್ತವರ ರುಜು

ವಿದ್ಯಾರ್ಥಿಯ ರುಜು

ರಕ್ಷಕರ ರುಜು

## INTERNATIONAL YEAR OF CAMELIDS (IYC) - 2024 Heroes of Deserts and Highlands: Nourishing people and culture.

It is a great moment for all associated with well beings of the Camelids and camel herders as the United Nations has designated 2024 as the International Year of Camelids, recognizing their pivotal role in the livelihoods of millions, especially among pastoralists in arid and mountainous regions.

The aims of celebrating the International Year of Camelids 2024 include raising awareness about camelids' role in protecting ecosystems, conserving biodiversity, ensuring food security, and adapting to climate change. It aims to promote their economic and cultural importance, foster consumption of camelid products, and advocate increased investment in the camelid sector.

From ancient times, camels have held significant socio-cultural importance as evident from references in the Rigveda, Mahabharata and Panchatantra, and their role along the historical Silk Route. India is home to nine registered dromedary camel breeds. In the challenging desert ecosystems of Rajasthan and Gujarat, camels are lifelines for communities like Raika/Rabari, Fakirani Jats, and Hajiyani Jats (Maldharis). Camel milk's unique properties help to cure diabetes and autism, make it a valuable asset in our fight against prevalent health issues. Festivals such as the International Camel Festival at Bikaner, Pushkar Mela, Rann Utsav at Kutch and arts like GItagged Usta Kala Crafts showcase the enduring cultural legacy of camels.

Camels serve as a source of diverse income avenues, including camel carts, leather works, bone works, hair products, camel based tourism, and camel dairy. Camel-based tourism activities offer economic

benefits to camel rearers and also from the sale of milk, and other by-products. It is the centre of attraction for tourists in destinations like the deserts of Rajasthan, Rann of Kutch, Nubra Valley of Ladakh, and seaside areas.

Camels play a vital role in advancing several Sustainable Development Goals (SDGs), including no poverty, zero hunger, good health and well-being, gender equality, responsible consumption and production, climate action, and life on land. Comprehensive and collaborative efforts by Governments, policymakers, NGOs, research institutions, and the private sectors are essential in ensuring the success of the International Year of Camelids. Increased investment in research, outreach, and innovative practices are crucial. Policymakers must formulate regulations that promote the well-being of camels and their herders, addressing challenges such as shrinkages of browsing area, protecting common properties, accessibility to forest areas for browsing.

ICAR-National Research Centre on Camel is committed to celebrating the International Year of Camelids 2024 through awareness camps, workshops, developing policy papers, promotion of camel products and ecotourism. As we embark on this journey of celebrating the International Year of Camelids, let us recognize and appreciate the incredible contributions of these majestic creatures of the planet to our lives and the well-being of communities worldwide. Together, let us strive for a sustainable future where camels thrive, and their potential is fully realized for the benefit of humankind.



Note

# SCHOOL ANTHEM

Jaya bharata jananiya tanujate, jaya he karnataka mate Jaya sundara nadi vanagala nade, jaya he rasa rusigala bide!

Bhudeviya makutada navamaniye, gandhada candada honnina ganiye; raghava madhusudhanaravatarisida bharata jananiya tanujate! Jaya he karnataka mate!

Jananiya jogula vedada ghosa, jananige jivavu ninnavesa! Hasurina girigala sale, ninnaya koralina male! Kapila patanjala gautama jinanuta, bharata jananiya tanujate! Jaya he karnataka mate!

Sankara ramanuja vidyaranya, basavesvara riha divyaranya. Ranna sadaksari ponna, pampa lakumipati janna. Kumaravyasara mangaladhama, kavikogilegala punyarama. Nanaka ramananda kabirara bharata jananiya tanujate, jaya he karnataka mate.

Tailapa hoysalaralida nade, Dankana jakanara neccina bide. Krishna saravati tunga, kaveriya vara ranga. Caitan'ya paramahansa vivekara bharata jananiya tanujate, jaya he karnataka mate.

Sarvajanangada santiya tota, rasikara kangala seleyuva nota! Hindu kraista musalmana, parasika jainarudyana janakana holuva doregala dhama, gayaka vainikararama.

Kannada nudi kunidaduva geha! Kannada tayiya makkala deha! Bharata jananiya tanujate, jaya he karnataka mate! Jaya sundara nadi vanagala nade, jaya he rasa'rusigala bide!



# **NATONAL ANTHEM**

Jana Gana Mana Adhinaayak Jaya Hey,
Bhaarat Bhaagya Vidhaataa
Panjaab Sindhu Gujarat Maraatha,
Draavid Utkal Banga
Vindhya Himaachal Yamuna Ganga,
Uchchhal Jaladhi Taranga
Tav Shubh Naamey Jaagey,
Tav Shubh Aashish Maange
Gaahey Tav Jayagaathaa
Jana Gana Mangal Daayak,
Jaya Hey Bhaarat Bhaagya Vidhaataa
Jaya Hey, Jaya Hey,
Jaya Jaya Jaya, Jaya Hey